

## Protocol 1

# Management guidelines for unaffected women with a family history of breast and/or ovarian cancer

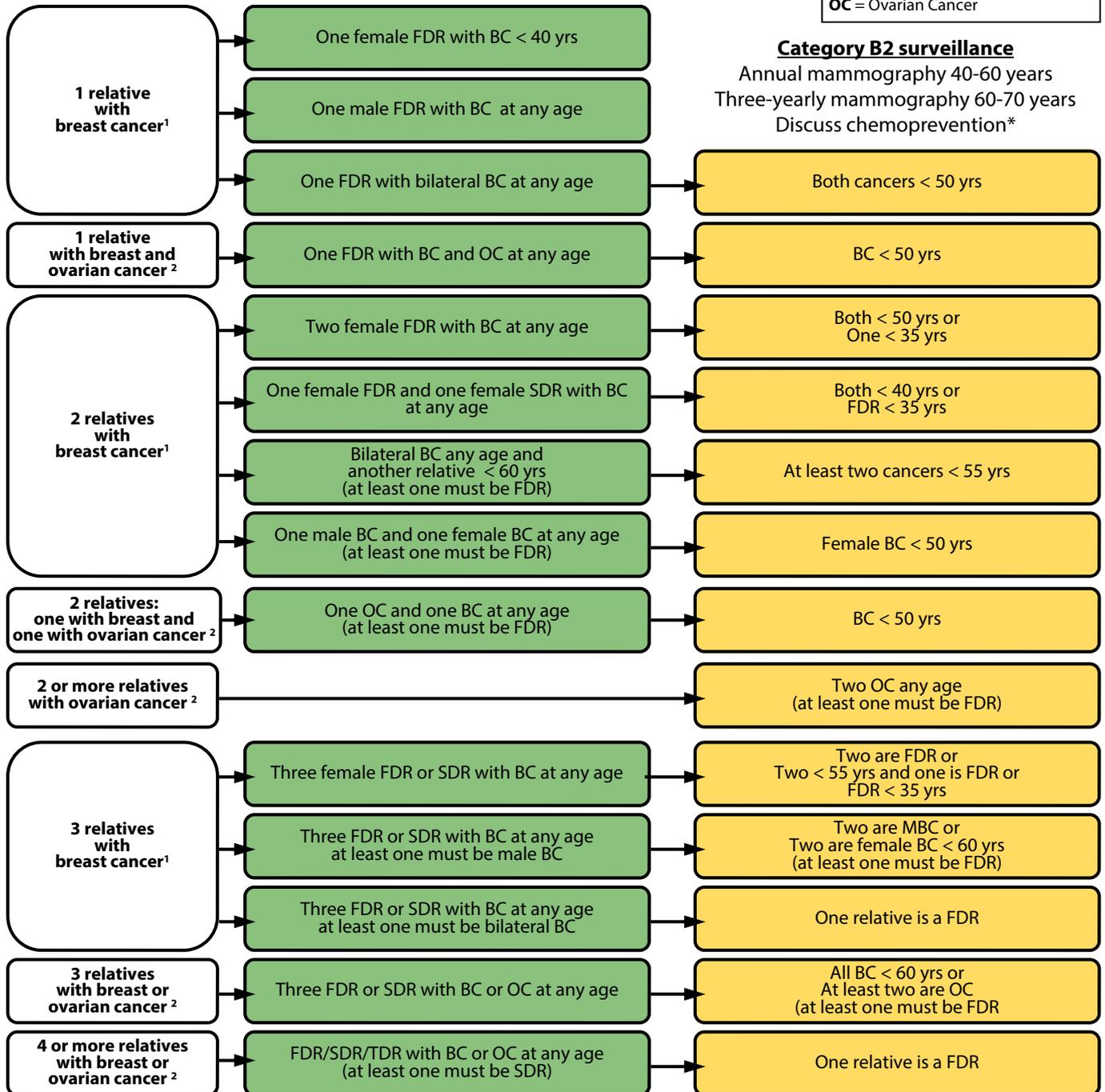
### Category B1 surveillance

Annual mammography 40-50 years  
Three-yearly mammography 50-70 years

**Key**  
FDR = First degree relative  
SDR = Second degree relative  
TDR = Third degree relative  
BC = Breast Cancer  
OC = Ovarian Cancer

### Category B2 surveillance

Annual mammography 40-60 years  
Three-yearly mammography 60-70 years  
Discuss chemoprevention\*



#### Notes\*

- If the consultee has breast cancer and has residual breast tissue, count as a FDR for surveillance recommendations
- An affected female SDR through a male FDR is equivalent to a FDR.
- One relative must be a FDR of the consultee, unless otherwise specified.
- Discussion of chemoprevention should include potential benefits and side effects & review of contraindications.

#### BRCA negative families\*

- <sup>1</sup> For breast only families, a negative BRCA test does not alter the mammographic surveillance category.
- <sup>2</sup> For breast-ovarian families, a negative BRCA test, may alter mammographic surveillance category, which should be recalculated on the basis of the breast cancers in the family alone.
- <sup>3</sup> Recommendation of risk-reducing mastectomy is likely appropriate in only a small number of families and should take place only following discussion in the Genetics MDT.