



PARABLE: Proton beAm theRApy in patients with Breast cancer: evaluating early and Late Effects

A PARABLE Participant's Proton Beam Therapy Treatment Feedback

I can't rate my experience of receiving Proton therapy as part of the PARABLE trial more highly.

Whilst receiving treatment, I have really appreciated being treated as a person not just a patient. Everyone I've encountered have been warm, friendly and extremely professional, from the receptionists to the brilliant radiographers who put you completely at ease every day.

I have found The Proton Centre a really calm environment for patients. Careful thought seems to have gone into ensuring every part of the whole process is as stress free as possible. Having a key worker means any queries or issues you might have are quickly and efficiently resolved. Having transport from the accommodation ensures you don't have to worry about being late for your treatment. The waiting area is bright, airy, clean and comfortable with facilities to make hot drinks. I've particularly enjoyed the jigsaws!

Some might worry that you'll feel vulnerable and awkward receiving treatment on your breast, but the radiographers, both male and female, are extremely respectful and mindful of your dignity, and ensure your chest is covered as they align you ready for treatment. In fact, the most stressful element of the whole process has been what music I should choose to listen to under treatment! In all, I have felt incredibly safe in the expert hands of the Proton Centre, and incredibly privileged to be part of the PARABLE trial.

PARABLE is led by researchers at The University of Cambridge, The Institute of Cancer Research (ICR), London, and The Royal Marsden NHS Foundation Trust. It is sponsored by ICR and managed by the Cancer Research UK-funded ICR Clinical Trials and Statistics Unit (ICR-CTSU).

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